



Dear Parents, Students, Staff and Friends of Marcellin,

As I sit and write this column the Happiness and its Causes conference is just concluding in Melbourne. Yes, a happiness conference. No, not ways of being or getting happiness, but more significantly, what's wrong with our relentless pursuit of happiness, come what may. Happiness and young people is a thing that's been bothering me for some time. And happiness and parenting has also become a niggling concern. Perhaps a recent experience here at the College will help explain what I mean.

A parent phoned the College a while back and announced emphatically, "My son will not be doing the detention!" "What's more," he added, "he's a very good boy and has been crying all night over the matter." I had the Deputy look into things. Yes he was a good boy, but he had done the wrong thing for which the usual response is a Wednesday detention. Other boys were given detention for the same reason and had returned their notes, signed by their parents indicating that they were aware of the matter. So why the tears from this particular one? Two professors of psychology from Stanford University who had a lead role in the Melbourne conference may have some insights for us:

"More and more parents are unwilling to let their children struggle. They want them to feel good at all times so they're telling them how smart they are, they're really showering them with what we call person praise – you're talented, you're smart, you're special. Our research shows it backfires. It makes kids worried and tells them that the name of the game is to be smart." In the Sydney Morning Herald that quotes the Stanford professors the author concludes: "Some of the world's leading happiness experts now fear that the self-esteem juggernaut will leave future generations hopelessly ill-equipped to deal with life's disappointments."<sup>1</sup>

Self-esteem has, for too many, become the cardinal virtue for raising kids. It's a misguided assumption. Self-respect, not self-esteem is what matters most. Another example from the College. Last weekend I took some time to chat with the boys who had just finished Saturday detention. A Saturday is more serious than a Wednesday and it's also the time when those with too many late arrivals during previous weeks 'make up time.' In one conversation I spoke with two very good boys whose presence at a Saturday surprised me – I hadn't seen their names on the 'late arrivals' list. They both described their misdemeanour and then one mused as to whether his wrongdoing was as serious as the other. "So you think you've been punished too severely," I asked. "Probably not," he shrugged, "but I've learnt my lesson and I got an assignment done!" He put out his hand to shake mine and wished me a good weekend before he headed off home.

I turned my attention to the other. "I'm very surprised to see you here." "Yeh", he mused, "I s'pose it's a bit out of character, but I got my assignment done too and the weather's not much good for anything else today."

I was mightily impressed with these two boys and would suggest that they have been raised understanding that self-respect, not self-esteem is the important thing. I know the parents of both these boys and I think they're very solid parents. They've taught their boys that life is not just about the victories but it's also about the struggles. They've not sought to cocoon them from failure and disappointments but to accept set-backs and unpleasant emotions

as part of life. They've taught them resilience. No tantrums, no sullen faces in the wake of Saturday, but the shrug of the shoulders, the acknowledgement of wrongdoing and of having learnt from it, and a spring in their step as they embrace what comes next. For them a Saturday was a setback, not some catastrophic end to their life of perfected happiness. This being the case they can continue to hold their head high; boys with self-respect who've learnt from a few dents to their self-esteem.

In coming to understand the challenges that we now face as a fall-out to this relentless pursuit of happiness, I plan to read the most recent book of our renowned Australian social commentator Hugh Mackay, *The Good Life: What Makes a Life Worth Living*. The article I referred to earlier in the SMH makes this comment about Mackay's book:

"He believes that the self-help movement, which took off in the 1980s as a well-meaning antidote to rising rates of depression in Western society – born out of a turbulent period of social, economic and technological change – has morphed into a beast that sells happiness as a commodity. Instead of viewing happiness as an entitlement, Mackay maintains that a sense of wholeness and meaning is what brings satisfaction."

That's what I want for our boys – a sense of fulfilment that finds its source in wholeness and meaning, not just happiness. Boys with a strong sense of self-respect who are resilient in the face of setbacks, and embrace challenges as opportunities, not moments of defeat.

With my best wishes,

Br David Hall FMS  
Headmaster

<sup>1</sup> Stark, Jill. "Are we caught in a happy trap?" *Sydney Morning Herald*, 16 June 2013.





## FROM THE DEPUTY HEADMASTER

It is hard to believe that we are the end of yet another term. Attendance this week is compulsory up until 3:15pm on Friday. Every class will be engaged in hard work right up until the very end. If any student is absent on the last day of school, he will need to produce a doctor's certificate on his return next term.

I would like to wish everyone a very nice break and hope that families find some extra time to spend together and enjoy it with one another.

Term Three begins on Monday July 15th and it is a Day One. Winter uniform is still the requirement and I must insist that students return with an appropriate haircut.

### RECOMMENDATIONS FOR BOYS

By Ian Lillico

Since boys convert feelings to movement it is essential that parents and teachers realise that boys need to move when faced with emotions and that a good way to *open boys up* is to do something active with them that they enjoy. In the middle of some physical activity a boy will often reveal what problem he may be facing.

<http://www.boysforward.com.au/>

Have a nice break,

Mr Peter Buxton  
Deputy Headmaster

## TERM 2 CALENDAR EVENTS

Friday 28 June - Last Day of Term

## TERM 3 UPCOMING EVENTS

Monday 15 July - Term 3 commences  
Tuesday 16 July - Year 7 Parent Teacher Evening 3.30-8.15pm  
Wednesday 24 July - Year 8 & 9 Parent Teacher Evening 3.30-8.15pm  
Friday 26 July - Headmaster's Assembly -  
Semester One Academic Awards  
Monday 29 July - Trial HSC - concludes Monday 12 August  
Monday 5 August - Activities Week for Years 7-11

### IN THIS EDITION

Special Parents in Touch	3
Night Patrol, Year 9 Camp, Social Justice, Goodjarga Workshop	4
Staff Professional Development Day	5
MCC Winter Sports Action	6
Sports Report	7 & 8

Please note that the date has changed for the Year 7 Parent Teacher Evening. The original date was Wednesday 17 July. It is now Tuesday 16 July. We apologise for any inconvenience caused.

## WORLD YOUTH DAY FUNDRAISER

Randwick Ritz Cinema Friday 28 June at 6pm. The movie will be 'Man of Steel'. Adult tickets \$20, student tickets \$15. Tickets will be on sale at lunch time in the yard or through Mr Sean Mullaly at [sean.mullaly@syd.catholic.edu.au](mailto:sean.mullaly@syd.catholic.edu.au) - Lucky door prizes on the night.

## OLD BOYS ANNUAL REUNION

When: Saturday 31 August 2013  
Where: Mass at the College @ 11am, Lunch at Coogee Surf Club @ 12:30pm  
Bookings: Available through the College Office  
Contact: (02) 9398 6355, email Mrs Sharon Elliot: [sharon.elliott@syd.catholic.edu.au](mailto:sharon.elliott@syd.catholic.edu.au)

## CLASS REUNIONS

Class of 1993 - Friday 27 September at 6pm - Randwick Labor Club - contact Mr Jamie Grant on 0438 398 669.  
Class of 1983 - Saturday 19 October - Coogee Surf Club - contact Mr Michael Daley on 0418 161 452.



PARENTS IN TOUCH EVENING

MARCELLIN COLLEGE PRESENTS

*A special Parents in Touch*

Creating **RESILIENT** Families

with **Andrew Fuller**

Tuesday 13 August, 2013 @ 7:30pm

You are invited to join the Marcellin community for a special Parents in Touch presentation with guest speaker Andrew Fuller. Over nine decades Marcellin has developed a degree of expertise in the education of teenagers, boys in particular.

Our success in this area can be attributed to many factors, one of them being our ongoing quest to engage contemporary thinkers with imagination and practical thoughts on how to educate boys. Andrew Fuller is one such person.

We invite you to this community event which is open to all parents and friends of the Marcellin community. I would encourage as many parents as possible to attend and thank all parents for your continuing support of MCR. You are most welcome to invite your friends - include them in your RSVP. It is an evening for parents, not boys. A separate note will be sent home with your son early next term.



Andrew Fuller

### *About Andrew*

Andrew has recently been described as an “interesting mixture of Billy Connolly, Tim Winton and Frasier Crane” and as someone who “puts the heart back into psychology”. As a clinical psychologist, Andrew Fuller works with many schools and communities in Australia and internationally, specialising in the wellbeing of young people and their families. He is a Fellow of the Department of Psychiatry and the Department of Learning and Educational Development at the University of Melbourne.

Andrew is the author of TRICKY KIDS, GUERRILLA TACTICS FOR TEACHERS, HELP YOUR CHILD SUCCEED AT SCHOOL, RAISING REAL PEOPLE (ACER), FROM SURVIVING TO THRIVING (ACER), WORK SMARTER NOT HARDER and BEATING BULLIES.

Andrew has also co-authored a series of programs for the promotion of resilience and emotional intelligence used in over 3500 schools in Britain and Australia called THE HEART MASTERS.

Andrew has established programs for the promotion of mental health in schools, substance abuse prevention, and the reduction of violence and bullying, suicide prevention programs and for assisting homeless young people. Andrew continues to counsel young people.

If you would like to attend this evening please RSVP Brian Vane-Tempest with the number attending via email by Friday 9th August: [brian.vanetempest@syd.catholic.edu.au](mailto:brian.vanetempest@syd.catholic.edu.au)

Mr Brian Vane-Tempest  
Director of Development & Communications

## NIGHT PATROL

Last Sunday night I had the privilege of going on night patrol with my son, Liam, as well as Josh Wilson, Jarrod Wachman, Mr Chase and Mrs Spencer. It was an eye-opening experience, but very rewarding too. It's surprising how many people are homeless in our affluent city. We went across three stops in the city-Martin Place, Central Station and Ward Park in Surry Hills. During these stops we made tea, coffee and milo and handed out our sandwiches. We were also able to hand out some blankets but there is a great need for more of these. I was surprised how well the boys were able to interact with the homeless people, chatting and listening to their stories. We were busy and it was late but the lads never complained. I found the evening a very rewarding and positive experience and I would recommend it to other parents, either through the College or just through St Vincent de Paul. Thanks to Mr Chase and his team for organising this program.

Mr Eddie Askin  
Parent of Year 11 Student Liam Askin

## YEAR 9 CAMP

On Wednesday 19 June the details for Year 9 Camp were discussed with the boys during their fortnightly Pastoral Care lesson. Included in this discussion was a slight change in the way the documentation is being forwarded to parents. A letter in hard copy was sent home with each of the boys that afternoon with details of arrival and drop off times for camp and a notification that all other documentation was being emailed to their son's school Gmail account as well as copies placed on the Year 9 M-Learning page for parents to read and print where necessary. It is encouraged that all parents sit down with their son and discuss the information, in particular the equipment list and what not to bring files and ensure the Medical and Consent Form is returned by Wednesday 26 June. If there are questions please do not hesitate to contact Mr Paul MacGee: paul.macgee@syd.catholic.edu.au

Mr Paul MacGee  
Year 9 Coordinator

## SOCIAL JUSTICE - WINTER APPEAL

We are launching this year's St Vincent De Paul Winter appeal with a Jersey, Jacket and Jumper Day on Wednesday 26 June. Students will wear their blazer to and from school, but during the school day will have the option of wearing their own Jacket, Jersey or Jumper. Students are to pay \$5.00 and all students who participate will be given a raffle ticket to go into the draw for a State of Origin Jersey.

This winter the main issues that the St Vincent de Paul Society will be tackling are the need for early intervention and youth programs to break the cycle of poverty, the lack of affordable rental housing and the need for concession structure reform for the rising cost of utilities. Your commitment to helping people affected by poverty is still very much needed and appreciated. If you have any spare blankets and sleeping bags please send in and give to Mr Chase.

Mr Damian Chase  
Solidarity Coordinator

## GOODJARGA WORKSHOP AND INDIGENOUS EXPERIENCE DAY



The Indigenous students at Marcellin have been busy this term attending events designed to give them the opportunity to deepen their understanding of their culture. In early May they participated in the second Goodjarga program for 2013. Run by the Catholic Schools Performing Arts Sydney (CaSPA) the day enabled Aboriginal and Torres Strait Islander students from local schools to explore, develop and celebrate the spirit of their story through dance, drama and music. Facilitated by ATSI choreographers, actors and vocalists this cultural immersion gave the boys the chance to develop their artistic skills, participate in a variety of performance opportunities and develop a deeper understanding of ATSI cultures. At the end of May the Years 7 and 8 boys took part in the ATSI Student

Experience Day at Sydney University. They were addressed by a number of great Indigenous role models and then visited a selection of faculties offering hands on experience of university life and advice for making the transition into further education. All the boys who represented Marcellin at both events were proud ambassadors of their heritage and the College.

Mr Paul Leary  
Transition Coordinator



## STAFF PROFESSIONAL DEVELOPMENT DAY

### *Collaboration among Marist schools*

In 2014 all schools are implementing Phase 1 of the National Curriculum. This involves Years 7 and 9 in the areas of English, Science, Mathematics and History. On Monday 24 June, the Marcellin teaching staff joined the teaching staff of Marist College North Shore and Marist College Peshurst in a collaborative project centred on the implementation of the ACARA National Curriculum and development of teaching and learning programs.

The English and HSIE faculties met at North Shore, the PDHPE, LOTE, TAS and Creative Arts areas met at Peshurst, and Marcellin played host to the Mathematics and Science Key Learning Areas. Curriculum Advisors from the Sydney Catholic Education Office were also on hand to support the initiative. The day was an opportunity to forge relationships with the staff of other schools and to share in the development of teaching and learning resources and strategies. This professional development proved to be an outstanding success and the forerunner to more collaborative engagements in the future.

Mr Chris Shields  
Director of Teaching & M-Learning



Marcellin College  
Randwick



Marist College  
North Shore



Marist College  
Peshurst



## MCC WINTER SEASON ACTION

Clockwise from top left: :U13B Rugby League, AFL, A Grade Rugby League, MCC Rugby Union, B Grade Soccer



## MCC WINTER SEASON

We were back in full swing over the past two weeks as our MCC Soccer and Rugby League teams battled hard against traditional rivals Lewisham and Kogarah (see results tables). Next week we conclude the rounds against Ashfield (these matches were 'washed out' earlier in the term) and look forward to strong representation in the Semi Finals which are played in week one of term 3.

## MCC WINTER SPORTS - ROUND 6 RESULTS

	Team	A Grade	B Grade	Under 15	Under 14	Under 13 Div 1	Under 13 Div 2
Soccer	Opposition	Lewisham	Lewisham	Lewisham	Lewisham	Lewisham	Lewisham
	Result	L: 3-1	L: 1-0	D: 3-3	L: 2-0	L: 1-0	L: 7-1
	Player of Match	Liam Langford-Clarke	James Garlick	Nathaniel Sharpley	Fionn Geraghty	Jeremy Quigg	Matthew Lee

	Team	A Grade	B Grade	Under 15	Under 14	Under 13 D1	Under 13 D2A	Under 13 D2B
Rugby League	Opposition	Lewisham	Lewisham	Lewisham	Lewisham	Lewisham	Lewisham	Bye
	Result	W: 50-0	W: 30-0	L: 30-26	W: 26-6	L: 20-8	W: 28-4	
	Player of Match	Jack Erickson	Benjamin Morgan	Jed Bouris	Campbell Graham	Lachlan Golsby	Tobias Dunn & Kye Black	

## MCC WINTER SPORTS - ROUND 7 RESULTS

	Team	A Grade	B Grade	Under 15	Under 14	Under 13 Div 1	Under 13 Div 2
Soccer	Opposition	Kogarah	Kogarah	Kogarah	Kogarah	Kogarah	Kogarah
	Result	L: 3-0	L: 2-0	W: 1-0	L: 4-2	D: 0-0	L: 3-0
	Player of Match	Adrian Maglione	James Garlick	Nicholas Tsiolakis	Jack Lapi		Jake Nobre

	Team	A Grade	B Grade	Under 15	Under 14	Under 13 D1	Under 13 D2A	Under 13 D2B
Rugby League	Opposition	Kogarah	Kogarah	Kogarah	Kogarah	Kogarah	Kogarah	Pagewood
	Result	W: 30-12	W: 22-12	W: 30-14	W: 38-12	W: 22-14	W: 24-22	L: 34-14
	Player of Match	Jack Erickson	Blake Sangster	Jeremy Sokkar	Joshua Cook	Lachlan Golsby	Charbel Assaf	Noah Johnson

## AUSTRALIAN RULES FOOTBALL

Four of our boys travelled to Broken Hill recently to represent the CCC at the NSW All Schools AFL Carnival. Well done to Anthony Halikas, Luke Reid and Thomas King on their selection and representation at this level. Special congratulations to Thomas Chichester who was selected in the NSW All Schools team.

Our U16 AFL team played in the Swans Cup Zone Final last Thursday at Macquarie University, having qualified by winning their region final earlier this term. The boys continued their good form with a first-up win over St Patricks 43-27. This was followed up with a convincing 60-7 victory over Holy Spirit Bellambi. The boys overcame a tough Knox Grammar in the final 30-20 to take out the competition and progress to the State Final to meet the winner of the GWS Giants Cup in August.

Ben Davis, Declan White and Tom Chichester were each judged 'man of the match' during the day, but all boys performed extremely well throughout the competition. This is a fantastic achievement for these boys, and one they should be proud of. Thanks to Mr Broe who has coached the team and Ms Thompson for her assistance at the competition.



CCC AFL Representatives  
Anthony Halikas, Luke Reid, Thomas Chichester, Thomas King.

## CCC CROSS COUNTRY

Congratulations to the following boys who represented the MCC at the NSW CCC Championships on Friday 14th June - Sean Bevan, Kye Welch, Anthony Touma, Stephen Young, Harry Lewis, Will Mison, Jared Deep, Luke Reid, Joshua Dever, Luke Dever, Tom Scullion, Robert Murphy, Jordan Foote.

All boys tried hard and gave their best during this carnival, where the competition is of a very high standard. Outstanding performances from Jordan Foote (3rd – U17s), Robert Murphy (5th – U17s) & Luke Dever (10th – U16s) saw them achieve selection in the NSW CCC Cross Country Team. Many thanks to Mr Ross who supported the boys and officiated on the day.

## CCC TOUCH FOOTBALL

Several students represented the MCC in Touch at the NSW CCC Touch Championships recently. It is with great pleasure that I report two of our students achieved selection in the NSW CCC Touch teams. Congratulations to Tom Wong and Lachlan Lam on an outstanding achievement.

## CCC RUGBY

Despite not being part of our current MCC sport program, Rugby has proven to be a successful outlet for a number of our students. We had 17 boys representing the MCC at the CCC Rugby Championships earlier this term. From the U16 & U18 squads competing, five of our students were selected to represent NSW CCC Rugby. Congratulations to Connor McCullough, Ryan Larossa, Tom Wong, Zac Wheeler and Joshua Ellison on a fantastic achievement.

## BASKETBALL - CCC OPEN FINALS

Our A Grade Basketball Squad played in the State Championship Division of NSWCCC on June 17 and 18. This is an elite competition comprising the best Catholic schools in the state. Our boys performed extremely well on Day 1 of the tournament edging out Holy Spirit Lakemba and St Leo's Wahroonga. We went down by a point to Patrician Brothers Blacktown but due to an excellent defensive record emerged as pool winners. In the quarter finals, we were beaten on the buzzer by St Francis Xavier College Newcastle. Making the quarter finals of such a tournament is an excellent result. My thanks to Ms Dove who coached the boys and Ms Thompson who assisted at the competition.

Mr Luke MacNamara  
Sports Coordinator

