

MARCELLIN COLLEGE RANDWICK



NEWSLETTER

Number 14
September 2nd 2009

Dear Parents, Students, Staff and Friends,

A book I have found helpful over the last few months has been 'The Enduring Heart' written by Wilkie Au. I was struck by a chapter entitled 'Practicing Crabtree Contemplation'. Quite simply it is a calling to be present to whatever we are doing. He states that unless we are truly present, contemplative awareness can't happen.

He states that living in the present requires not that we forget the past, but that we not repeatedly live it in a way that hinders living wholeheartedly each new day. Similarly present-centred living does not mean abandoning all future planning. It merely warns against being so preoccupied with future concerns that our today is filled with anxiety. Living in the future creates restlessness.

On reflection I see how it is easy to be caught up in 'the way it was' or planning for the next venture and then failing to value or appreciate what is happening to us now. How often do we miss opportunities now because we have our attention focussed elsewhere? I certainly do not see this as something to be guilty about but rather a reminder that great blessings and opportunities might be right before our eyes. We can be so preoccupied with other things that we often fail to see the special blessings in our midst. Wilkie Au takes this further by saying;

"To live life wholeheartedly entails two things: first, not getting lost in the past due to regrets, guilt, or nostalgia. For many of us, there comes a time, especially in midlife, when sincerity will come to us only if we forgive ourselves for our past failures, missed opportunities and poor choices. Second, we must avoid living in the future, feeding on catastrophic expectations of what might happen. This means avoiding the trap of 'what if' thinking. Being obsessed with all the possible things that could go wrong is crazy-making and paralysing. Living soulfully requires that we dwell in the 'here and now' with awareness of all that the present situation offers".

In many ways he is encouraging us to be more reflective people. It is hard to see how we can truly appreciate what is happening before us if this is not the case. This wise reminder about the importance of living in the present reinforces this message quite well.

Yesterday is history

Tomorrow is a mystery

Today is a gift

That's why we call it the present.

With best wishes

Br Bill Sullivan, fms
Headmaster



FROM THE HEADMASTER

SPECIAL ACHIEVEMENTS

Congratulations to all these boys on their Special Achievements. Well done!

SPORTS AWARD WINNERS



MCC Winning Captains: Jarrod Stevens, Jake Richards, Brendan Hardy, Claudio Fabiano, Beau Docking with special guest Mr Braith Anasta



Jake Scott
Year 9
Nominated Southern Courier Junior Sports Star for talent in Surfing



Athletics Champions: Opens - James Moran, Under 16 - Madalitsso Masache, Under 15 - Harreson Baldwin, Under 14 - Christian Said, Under 13 - Jordan Foote, Under 12 - James Bassil



Jordan Foote
Year 8
Awarded Sydney Harbour AFL Association U13 Division 1 Best & Fairest



Community Service Award Winners: Year 11 - Michael Christie, Dominic Foffani; Year 9 - Oscar Sharah, Samuel Dawe, Dylan Cartwright; Year 8 - Andre Brimo; Year 7 - Linus Gibson, Alexander Kennedy



Jake Baker
Year 9
U15 Golf Champion

CONGRATULATIONS

The following Year 7 Marcellin Students from Maroubra United Soccer team won the grand final ESFA U13, Division 1 and were selected to play in the Champion of Champions State Competition: Nikolas Tsoukalas, Conor Docherty, Guiseppe Giuffre, Liam Askin, Anthony Blajic and Daniel Ivancic.

The following Year 7 Marcellin Students from Pagewood Botany Soccer team won the grand final ESFA U13, Division 2: Lachlan Rubio, Miguel Vila, Tulloch Brown, James Hayes, Nathan Phillips and Jackson White.

TERM 3 CALENDAR EVENTS

- | | |
|--------------------------------|--|
| Thursday 3rd September | • College Sports Photo Day. |
| Friday 4th September | • Semester One Academic Award Assembly. |
| Tuesday 8th September | • Year 11 Leaders Public Speaking Course 3.45 pm - 5.30 pm. |
| Wednesday 9th September | • Marist Oratory at Woolwich. |
| Monday 21st September | • Year 11 Preliminary Exams commence. Conclude Tuesday 29th September. |
| Friday 25th September | • Year 10 Trial School Certificate Exams commence. Conclude Tuesday 29th September. |
| Thursday 1st October | • Graduation Day for Year 12 and final day of lessons for Term 3. |
| Friday 2nd October | • Staff Inservice Day. |
| Monday 19th October | • Day One Term 4. This IS NOT a staff day. Lessons resume 8.40 am. All parents are requested to note the Term 4 commencement date. |

FROM THE HEADMASTER

YEAR 7 CAMP

From Wednesday to Friday of activity week the Year 7 boys went to the Great Aussie Bush Camp at Tea Gardens. The focus of the camp was 'Rising to the Challenge'. For some the greatest challenge was being away from the luxuries of home, for others it was stepping off the edge of the 12m abseil. The boys participated in a range of outdoor activities that were designed to empower them to accept the challenge. Thank you to all the staff who helped out at the camp.

"The Year 7 Camp for me was about learning more about myself and others while having fun. I have done lots of outdoors activities before so I was helping them step outside their comfort zone." Daniel Jewiss 7.1

Nathan Francica 7.6 comments about the Giant Swing, "I was really worked up about going on it, but my turn came around and my instructor pushed me out of my comfort zone and I rose to the challenge and did it, I ended up loving it..."

Mr Chris Duncombe, Year 7 Coordinator



YEAR 9 CAMP

The boys of Year 9 now have many stories to share about their outdoor adventures at Somerset Camp. It was interesting to note the changes in the boys over the week. Although not easy for many boys to rough it in the bush for this extended time, they were able to rise to the challenge. Activities included two expeditions up to fifteen kilometres, rock climbing, abseiling, canoeing and an obstacle course. After a long day of activities the boys set up a camp, prepared dinner and a campfire. Away from home the boys had the opportunity to reflect on the little things in life we take for granted and that by working together great things can be achieved. Well done boys. I would like to extend my thanks to the teachers who were with the boys all week including Mr Matthew Fitzgerald, Mr Luke MacNamara, Mr Nathan Koen, Mr Ross Ursino, Mr Benjamin Toohey, Mr Bill Kostovski, Mr Matthew Slattery, Mr Paul Wallis and Mr Jacob Gibbons. Without their support and good humour this camp would not have been the success it was.

Mrs Patricia Kratochvil, Year 9 Coordinator



YEAR 10 WORK EXPERIENCE

On 17th August Year 10 ventured out to their first week of work experience in the following fields: Medical, Veterinary, Biomedical, Environmental Scientific, Marketing, Construction, Business Management, Accounting, Finance, Law, Emergency Services, Music Production and Teaching. The staff responsible for supervision were overwhelmed with the positive reports given from the work place supervisors regarding how polite, well groomed, punctual, skilled, intuitive and enthusiastic the Marcellin boys were. The Year 10 boys were a credit to Marcellin College, to the wonderful families from which they come and, importantly, a credit to themselves.

Our sincere thanks go to Mr Sheens for his administration of this programme and to Br Bill for the support he continues to offer the programme. I am pleased that so many boys took such great advantage of the opportunity and I trust they look forward to participating in a similar manner in a second week of work experience during Term 4. Best wishes for the preparation for the Trial School Certificate exams, the exams at the end of Week 9 and the term ahead.

Mr Anthony Boys, Year 10 Coordinator

YEAR 11 MINISTRY WEEK

One of the key College themes for 2009 and beyond is 'Walking Together Sharing Our Talents'. This theme is lived out in the College's Pastoral Ministry Program which gives students the opportunity to serve the local community. Over 130 Year 11 Students completed Pastoral Ministry Week which saw them volunteering for over 50 agencies working with the homeless, building relationships with indigenous children, working in Catholic Primary Schools, child care centres, Aged Care homes and St Vincent De Paul shops.

The week was completed with a day of reflection which challenged the students to analyze and reflect on their experience in light of the world they live in, its structures and the role the Gospel has in making a difference. It encourages students to appreciate that action on behalf of justice and participation in the transformation of the world is part of their living faith as young Christian men.

Mr John Finneran, Religious Education Coordinator



SPORT AND NEWS

MCC ATHLETICS CARNIVAL

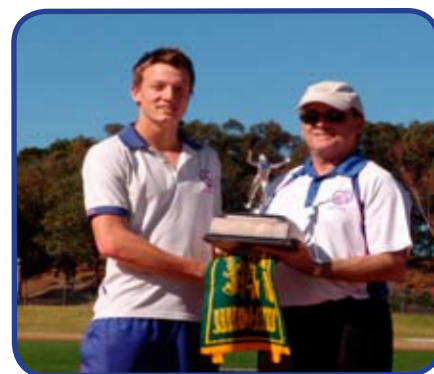
Under excellent conditions, the MCC Athletics Carnival was held on Thursday 27th August at the Sydney Athletics Centre, Homebush. Our boys performed well above expectations winning 28 events and placed 2nd or 3rd 30 times. This is a phenomenal effort winning the carnival for the 7th consecutive year. Marcellin also won the Juvenile, Junior and Senior trophies.

Final scores were: Aggregate 1202, Juvenile 588, Junior 414 and Senior 200.

There were some outstanding efforts both on the track and in the field including Benjamin Gordon breaking the 16 year old Under 14 400m record in a time of 54.59 seconds beating the old record by 1.2 seconds and the 100m Hurdles record in a time of 14.68 seconds. Jaydan Tuohy also broke the 80m Hurdles record in the Under 12s with a time of 13.31 seconds. Well done to all our athletes on their outstanding achievements and also a special thanks to all their coaches who were so thorough in their preparation.



Athletics Squad



Captain Beau Docking accepting the Aggregate Trophy from Br Bill Marcellin have won this 7 years in a row!

SPORTS NEWS

Our attention now moves to the Volleyball competition which will be held on Thursday 17th September at Homebush. The boys have been training now for several weeks and should be primed for their competition. We wish them well on the day. The Basketball, Cricket, Squash and Touch Football season is upon us and coaches have asked boys to register their names for these sports. If boys have not expressed their interest, they should see their coaches this week. Formal Thursday training will begin in Week 8, however, some teams will begin to trial on Tuesday afternoons starting in Week 6. On Friday 28th August we highlighted the efforts of our representative boys for the Winter season. Congratulations to all our award winners in Rugby League, Soccer and Athletics.

WINTER SPORTS ASSEMBLY

It has been a very successful year for our rep boys at Marcellin. Plenty of hard work and commitment has been invested by the boys and staff at the College. Well done to everyone concerned. Let's see if we can match, if not better our efforts next season.

Rugby League	Best Forward	Best Back
U13 Div 1	Patrick Dunn	Jack Bassett
U13 Div 2a	Jarrod Stevens	Joshua Potts
U13 Div 2b	John Daras	Tyler Gleeson
U14	Cheyne Whitelaw	Blake Hurley
U15	John Murdaca	Jason Gray
B Grade	Jackson Garlick	Chad Edwards
A Grade	Andrew Artemi	Nicholas Bannehr

Soccer	Most Improved	Best and Fairest
U13	Nikolas Tsoukalas	Claudio Fabiano
U14	Ruben Sondjaja	Matthew McKenzie
U15	Johnathon Ford	Daniel Mifsud
B Grade	James Hamilton	Angus Robson
A Grade	Brayden Sorge	James McKenzie

Mr Robert Capizzi, Sport Coordinator

COMMUNITY NEWS

New Marcellin Uniform Shop Hours: Tuesday 8am - 11:15am. Thursday 8am - 1:00pm (From Term 4 2009); One Saturday per month 8:30am - 10:30am (From Term 4 2009).

End of Year Hours: 5th/12th December 2009, 8am - 3pm; 21st/22nd/25th/27th/28th January 2010, 8am - 3pm